



**Preventing
Youth
Homelessness
Together**



MISSION:

Our ambition is to help young people aged 16-25 avoid homelessness across our region. We will support and empower them to build a positive future breaking the cycle so they never face homelessness again.



“SASH don’t drag you out of a situation, they teach you how to get out of it.”

“SASH filled the gap for me. It was such a good feeling, having someone to go to for support, knowing that you had a roof over your head and your own bed again.”



Facts

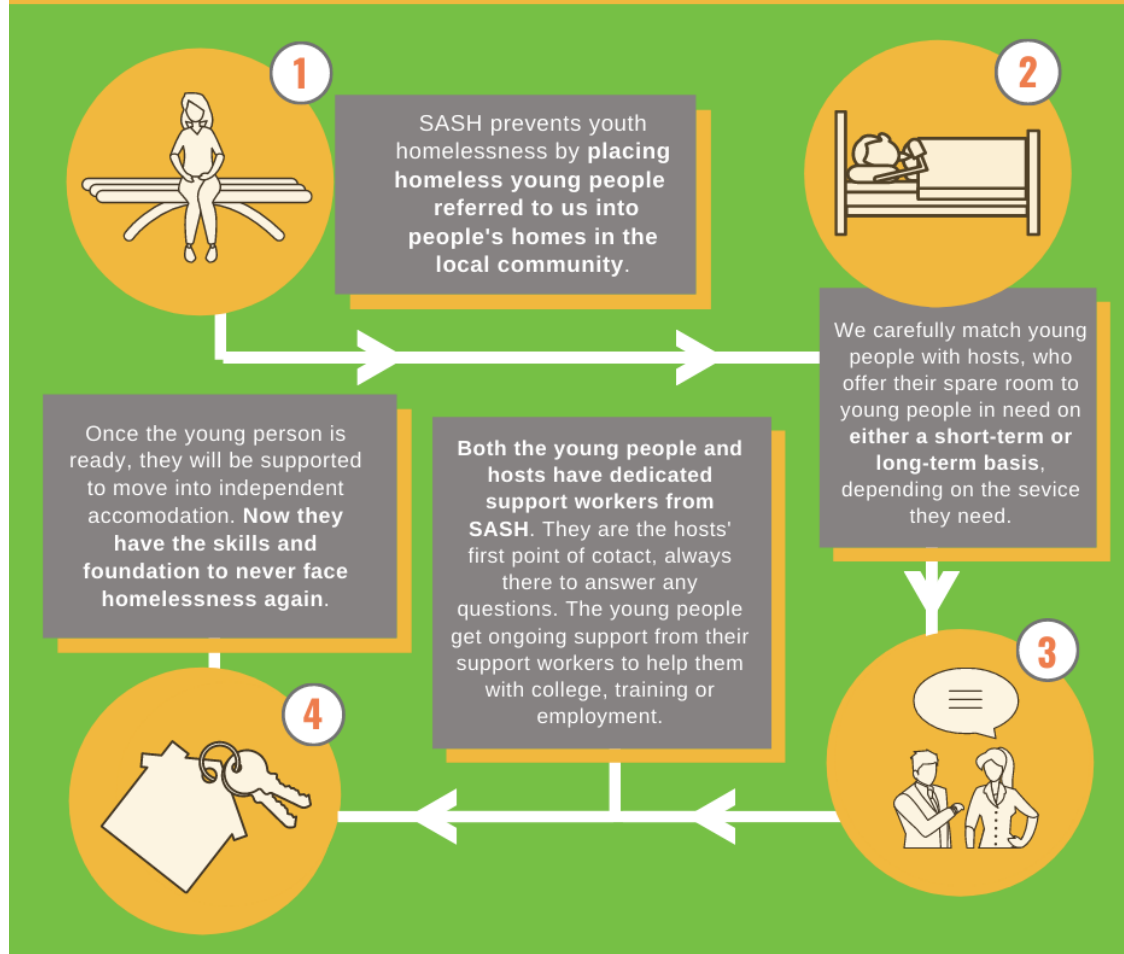


Ever wondered

how SASH

works?

What does SASH do?



How do we help?



- **Safe and Sound Homes (SASH) is a youth homelessness charity that helps 16-25 year olds, by giving them a safe place to stay at a time of crisis and provides support for them to build a brighter future**
- **Between April 2020 – March 2021 we supported 340 young people from becoming homeless in York, North and East Yorkshire**
- **Our Night stop volunteers (Hosts) provided 14,665 hours of support**
- **An average stay in Night stop is 6 nights, although we have seen this double since the pandemic**
- **We also offer supported lodgings which could be a placement of up to 2 years**
- **SASH schemes offer support and a stable foundation from which to move forward**

Where can you find us?



Areas where we have supported YP in the last 12 months include:

Scarborough

Harrogate

East Riding

Hambleton

York

Ryedale

Our Hosts Nightstop



How does Nightstop work?



1
Young people without a safe place to stay for the night are referred to us by Local Authorities and other agencies



2
We carry out a Police National Computer check & do a risk assessment for each young person so we know that they are safe to place



3
We find a host in the area that the young person is from, so they can continue to get to college or work



4
We arrange the travel. They also have a number they can call us on in case they are worried or get lost.



5
In the evening we call the host to check they have arrived safely. The host has a 24 hour contact number for us, should they have any concerns.



6
The next day, the young person returns to the agency that referred them. We call the host to check how things went.



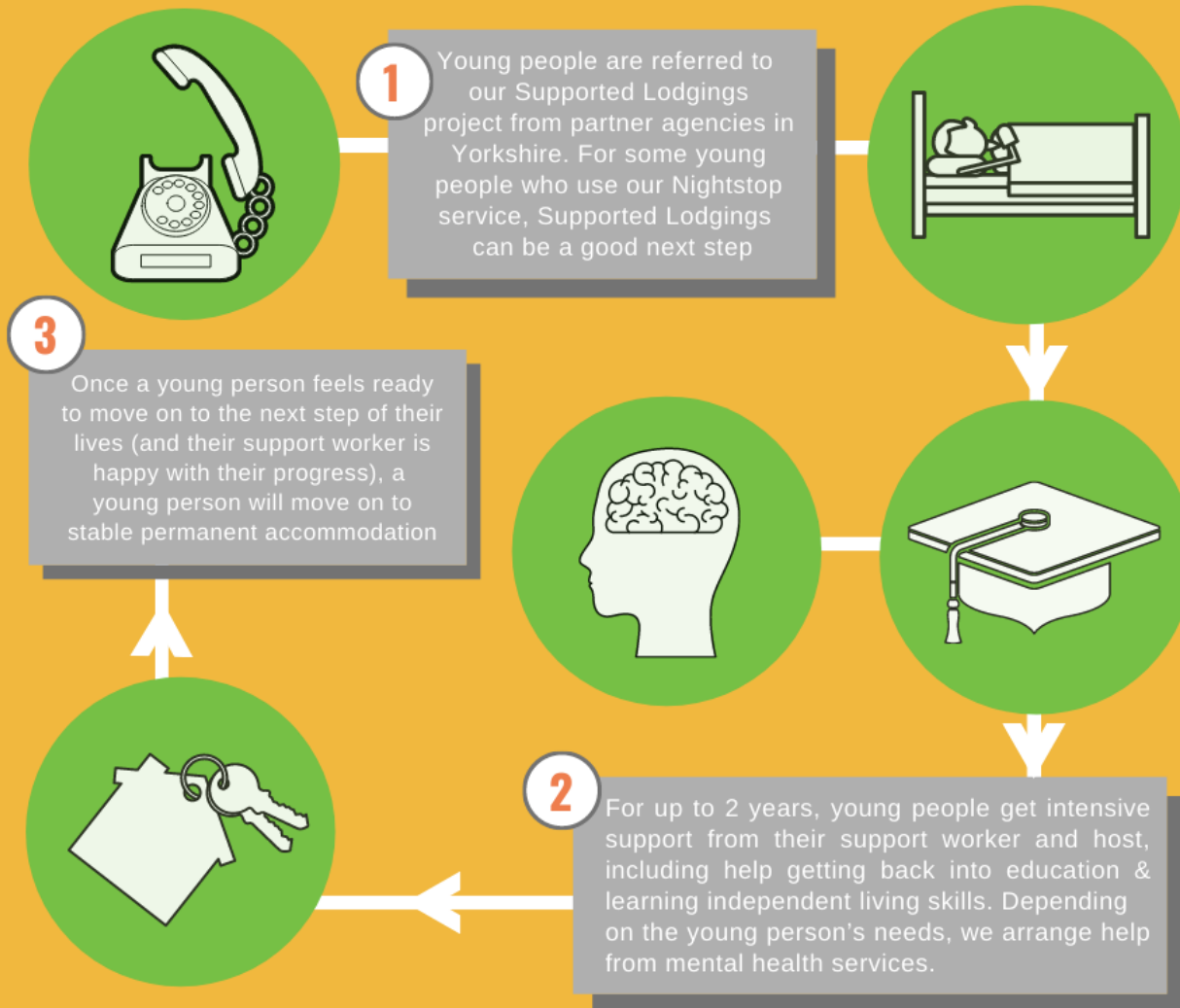
7
We continue to work with the referrer night by night until the young person has somewhere permanent to stay. This might be a private let, a return home, Local Authority housing or our Supported Lodgings service.

Hosting during a pandemic – David’s story



“In different ways lockdown was good for us both as we helped each other through it without really realising that we were.”

How does Supported Lodgings work?



SASH Active

- As part of our enrichment programme, we offer young people the opportunity to participate in different activities.
- This summer we have lots of activities planned including trips to Sealife, Climbing Wall, Manchester Science Museum alongside activities such as cookery, crafts and financial workshops.



I
socialised
with
people



The trip really
helped my
confidence



- **Every year, we need to raise about £400,000 to support the delivery of our current services.**
- **Every penny raised makes a difference to our work, for example, a donation of £190 could provide 7 nights of emergency accommodation for a young person facing a night on the streets**



Preventing
Youth
Homelessness
Together

Effects of the pandemic

- The pandemic has caused insecurities in everyone, but especially young people
- Their mental health has been challenged on an unprecedented scale, it will be harder for them to find sustainable work, and for many this will lead to poverty, debt and an increased risk of homelessness.
- Disruption in education and employment and lack of face to face interaction and stability has also contributed to the problem
- Employees on zero contract hours were often the first to be let go esp. in hospitality
- Noticeable struggle for young people who have also moved on from SASH – tenancies with no support from family intensifies the isolation
- Some hosts had to withdraw to isolate



56%

drop in
available
hosts due to
the pandemic

What we did.....



- **Essential that we continued to keep in touch with all young people, including those who have moved on from SASH**
- **Regular virtual support meetings with young people and hosts**
- **Ensure that the young people understood about furlough and their entitlements**
- **There has been a lot of negativity about young people and the pandemic. Important that the young people understood what was expected from them externally and in the hosts homes**
- **Emergency funding from the Government**
- **Food boxes and money for utilities**
- **Rise in Universal Credit**



How can you help?





Thank you

Any questions?